

## **NAMI (National Alliance on Mental Illness) Humboldt List of Achievements 2012**

1. Two twelve session Family to Family Classes were completed.
2. Three Parents and Teachers as Allies leaders were trained to present this new program.
3. Four individuals sent for In Our Own Voice training, Shelly Fitzgerald is the coordinator.
4. Holiday clothing distributed to in-patient facilities, 68 items and two large boxes of socks and underclothes.
5. Eureka support group for family members meeting weekly at Humboldt County Mental Health.
6. Fortuna weekly support group meeting weekly.
7. NAMI members spoke about our organization at Kiwanis and Rotary Club meetings and to a group of educators.
8. We participated in May is Mental Health Month activities including the Walk, a proclamation before the Board of Supervisors, and the Hope Center Picnic.
9. We organized public presentations by psychiatrists from Humboldt County Mental Health children's and adult services, staff from the Drug and Alcohol program, and a member of the Behavioral Health Board.
10. Two successful fundraisers held: the Brass Bash Concert in Sept. at the Arcata Presbyterian Church and a donor mailing to in November.
11. Two NAMI members joined the HC Behavioral Health Board.
12. The Mental Health Director regularly attends NAMI bd. meetings, shares info.
13. We produced two newsletters produced and mailed to about 170 addresses.
14. Holiday party just for the board held at Brenda's!
15. The website was updated regularly.
16. Two boardmembers attended the NAMI National conference in Seattle.
17. NAMI members served on the family panels for the CIT (Crisis Intervention Training) for first responders.
18. We provided educational materials for the Latino Net Health Fair.
19. We responded to numerous e-mails, referring people to resources and providing support.
20. News media notices ran regularly about the Fortuna Support group, and the public presentations. Edith was recognized for her work with NAMI by the Northern California Retired Teachers Association which resulted in a story in the Times Standard.
21. We sent a letter to Congressman Mike Thompson, who is chairing the congressional Gun Violence Prevention Task Force.
22. Our current board president served as president of the Humboldt County Behavioral Health Board and continues to participate in the advisory group for the prison realignment process which was put in place by AB 109 to return non-violent offenders to county supervision.