

NAMI Humboldt 2014 Accomplishments

1. Two Family to Family series presented by our trained volunteers.
2. Weekly support groups led by trained volunteers in Eureka and Fortuna continued. A twice monthly group met through much of the year in Arcata but was cancelled due to low attendance.
3. Spring and fall NAMI Humboldt newsletters were mailed to an expanded list of about 300 names.
4. Our second Spaghetti Feed fundraiser and Dutch Auction raised about \$1,500 and provided an evening of fun and fellowship for about 60 people.
5. A panel of three NAMI Humboldt family members presented a professional training event for members of the North Coast Association of Mental Health Professionals. We are listed on their website as a resource.
6. Funds donated to NAMI Humboldt in memory of Josh Sinoway in the amount of \$936 were given to the Humboldt County Library for purchase of books related to our mission. These funds are in addition to about \$900 previously given to the library from the same source which were put to good use.
7. NAMI Humboldt volunteers continued to answer our phone line (John Sisson) and respond to NAMI Humboldt e-mail (Edith Fritzsche), providing information, referrals and a listening ear.
8. We provided a panel of family members for the Crisis Intervention Training for first responders. About 20 first responders, including law enforcement personnel, attended in 2014.
9. Edith Fritzsche addressed a panel of law enforcement, attorneys and mental health leaders at a community presentation about jail release policies which was attended by over 100 people. The panel was in response to the murder of Father Eric Freed by a man released late at night from the jail.
10. NAMI volunteers staffed a booth at the St. Joseph's Hospital health fair at the Bayshore Mall in cooperation with HC Health Education who ended up giving us the whole table.
11. Barbara May, Ruby Bayan and Sharolyn Hutton purchased and distributed holiday gifts to a large number of residents of care facilities. Barbara reported 37 gifts, Sharolyn about 60 gifts, Ruby about 35. These individuals donated some of the funds to purchase gifts.
12. Articles about/mentioning NAMI appeared in the Humboldt Del Norte Medical Society Bulletin (Bayan), and 2 in the Times Standard (Eric Duff and Sharon.)
13. Board member Ruby Bayan was instrumental in putting on a training conference for primary care doctors to help them serve patients with mental illnesses.
14. NAMI members participated in May is Mental Health Activities. Tim Ash spoke on the courthouse steps.
15. A new volunteer (Saroj) entered updated member and supporter contact info into the national data base, NAMI 360.
16. Current active memberships:66
17. Our web page NAMI-humboldt.org was kept up to date by our volunteer webmaster.