

A Decade of Hope Board of Supervisors Presentation.

Celebrating the 10th annual
May is Mental Health Matters Month

2018 CALENDAR



WHEN

WHERE

Tuesday, May 1
9 a.m.

Board of Supervisors Chambers, Humboldt County Courthouse

Meet the St. Joseph Health behavioral response team.

Resource table with door prizes!



Tuesday, May 1
11 a.m.-1:30 p.m.

Redwood Memorial Hospital Lobby
3300 Renner Drive, Fortuna

Wednesday, May 2
11 a.m.-1:30 p.m.

St. Joseph's Hospital Lobby,
2700 Dolbeer St., Eureka



Directing Change Red Carpet Event.

Thursday, May 3
6:30-9:30 p.m.

The Inn at 2nd & C
139 Second St., Eureka

Yurok Youth Art Showcase

in recognition of National Children's Mental Health Day.



Thursday, May 3
4-7 p.m.

Libby Nix Community Center,
Weitchpec



Sign Making Party for Mental Health Walk.

Friday, May 4
11 a.m.-2 p.m.

Transition-Age Youth (TAY) Division
433 M St., Eureka

A Decade of Hope Art Show
Arts Alive! Eureka



Saturday, May 5
6-9 p.m.

Humboldt Herbals
300 Second St., Eureka



Children's Mental Health Proclamation.

Tuesday, May 8
9 a.m.

Board of Supervisors Chambers,
Humboldt County Courthouse

A Decade of Hope Mental Health Walk.

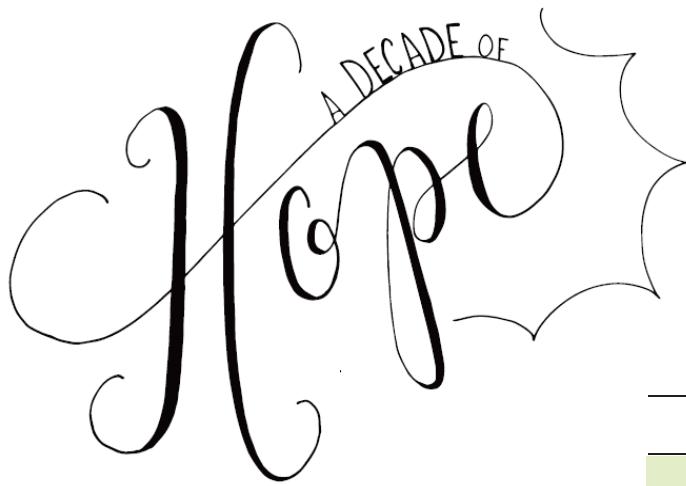


Tuesday, May 8
Meet at 11:30 a.m.
Walk at noon.

Walk from the Hope Center (720 Wood St., Eureka) to the Humboldt County Courthouse for the May is Mental Health Matters Month rally.

There are more May is Mental Health Matters Month events!





Celebrating the 10th annual
May is Mental Health Matters Month

2018 CALENDAR



WHEN	WHERE
 Documentary screening featuring themes of feminism, social justice and community.	Tuesday, May 8 6-9 p.m. Siren's Song 325 Second St., Eureka
Yoga and Tea with Humboldt County TAY Division. <i>Ages 16-26 only, please.</i> 	Wednesday, May 9 2- 4 p.m. TAY 433 M St., Eureka
Art for Life Studio and Hope Center Reception for the Artists.	Friday, May 11 10 a.m.- 4 p.m. The Clark Complex 720 Wood St., Eureka
 10th Annual Hope and Wellness BBQ.	Friday, May 18 11 a.m.-2 p.m. Carson Park H St., Eureka
Community Unity: Youth in Mind Stomp Out Stigma Event. 	Monday, May 21 7-11 p.m. Outer Space Humboldt 1100 M St., Arcata
 Special May Playgroup featuring mental health month activities.	Tuesday, May 22 10 a.m.-Noon Perigot Park 312 S. Railroad, Blue Lake
Paso a Paso Family Movie Night: Inside Out (Spanish). 	Tuesday, May 22 5:30-7:30 p.m. Jefferson Community Center 1000 B St., Eureka
Panel Discussion: Overcoming Mental Health Stigma and Finding Health.	Thursday, May 24 2-4 p.m. St. Joseph Health Community Resource Center, 35 W. Third St., Eureka
 May is Mental Health Matters Month Willow Creek BBQ.	Friday, May 25 11 a.m.-2 p.m. Veteran's Park Gower Lane, Willow Creek
Baile Terapia: Dance Therapy. Open to all! 	Friday, May 25 7-8 p.m. St. Joseph Health Community Resource Center, 700 Loleta Drive, Loleta Wednesday, May 30 7-8 p.m. Courtyard Apartments Arcata, 3101 Boyd Road, Arcata

For more information, contact Kellie Jack at 707-441-3783. ALL EVENTS ARE FREE.

